



EDMONTON BUDDHIST RESEARCH INSTITUTE

TU VIỆN TRÚC LÂM

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WAIVER FOR ADULT PARTICIPANTS

ACKNOWLEDGEMENT AND ASSUMPTION OF RISK

I UNDERSTAND AND AGREE that there is potential risk for injury involved in the training and participation of any physical activity. I further understand and agree that participating in any **ADULT RETREAT** hosted by **WESTLOCK MEDITATION CENTER AND EDMONTON BUDDHIST RESEARCH INSTITUTE** is a potentially dangerous activity. Bumps, bruises, scrapes, scratches and soreness are commonplace, and most participants will encounter this sort of minor injury from time to time. More serious injuries are possible, including sprains, strains, twists, cramps, and injuries of similar magnitude. The possibility of more serious injury exists, including fractured bones, broken, bones, torn ligaments, though most participants do not encounter such serious injuries. There remains, despite safety precaution, the remote possibility of crippling or death. **I FREELY ACCEPT AND FULLY ACKNOWLEDGE** all such risks, dangers and hazards, resulting from my participation in any event hosted or sponsored by **WESTLOCK MEDITATION CENTER AND EDMONTON BUDDHIST RESEARCH INSTITUTE**.

I am also aware that I should discuss my participation in this activity with my physician to determine the effect on my current health.

It is my right and responsibility as a participant to immediately remove myself from participation in the program and notify the nearest official, if at any time I sense unusual hazard or unsafe condition or if I feel that I am physically, emotionally, or mentally unfit for continued participation in the program.

I have read and understand the above statement of risk. I assume responsibility for my own safety, and I understand and accept the risks involved with my participation.

RELEASE OF LIABILITY, WAIVER OF CLAIMS, AND INDEMNITY AGREEMENT

I hereby agree as follows:

TO WAIVE ANY AND ALL CLAIM that I have or may in future have against **WESTLOCK MEDITATION CENTER AND EDMONTON BUDDHIST RESEARCH INSTITUTE**., its coaches, officials, members, agents, directors, officers, employees and representatives, and other participants (all of whom are hereinafter collectively referred to as “Releasees”).

I HAVE READ, understood and agree with the statements in the **ACKNOWLEDGEMENT AND ASSUMPTION OF RISK** portion of this document, and by assuming and acknowledging this risk, I completely absolve all **RELEASEES** from any and all liability for loss, damage, injury or expense that I may suffer, that a third party may suffer, or that my next of kin may suffer as a result of my

participation in any of the activities and/or programs offered by the Releasees, **DUE TO ANY CAUSE WHATSOEVER.** I acknowledge my responsibility to ensure adequate medical personal health, dental and accident insurance coverage, as well as protection of my personal possessions.

IN ENTERING INTO THIS AGREEMENT I am not relying upon any oral or written representations or statements made by the Releasees other than what is set forth in this agreement.

By clicking the "Submit" or "Register" button on the Retreat Booking website hosted by **WESTLOCK MEDITATION CENTER AND EDMONTON BUDDHIST RESEARCH INSTITUTE**, you acknowledge that **I HAVE READ AND UNDERSTOOD THIS AGREEMENT AND I AM AWARE THAT BY ACCEPTING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHT WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS OR ASSIGNS MAY HAVE AGAINST THE RELEASEE.**